



# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
			3-4:30PM Live Out Loud (HS) 3-6PM Farmer's Market 5-7PM 27:7 Dads 5-7PM B.E.A.T.S.	9AM-10:30AM Nursing Baby/Toddler Group 10-11:30AM FRF 12:30-2PM Young Adult Affinity 4-7PM Live Out Loud (MS) 4:30-6:30PM ELL Class		FRC Open 9:30-12:30 10-11AM Bilingual Story Time
8	9	10	11	12	13	14
<b>CLOSED in Observance of Columbus Day/ Indigenous People's Day</b>		11-12:30PM Mommy & Me	3-4:30PM Live Out Loud (HS) 3-6PM Farmer's Market 5-7PM 24:7 Dads 5-7PM B.E.A.T.S.	9AM-10:30AM Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-7PM Live Out Loud (MS) 4:30-6:30PM ELL Class		
15	16	17	18	19	20	21
		11-12:30PM Mommy & Me	3-4:30PM Live Out Loud (HS) 3-6PM Farmer's Market 5-7PM 24:7 Dads 5-7PM B.E.A.T.S.	9AM-10A:30M Nursing Baby/Toddler Group 12:30-2PM Young Adult Affinity 4-7PM Live Out Loud (MS) 4:30-6:30PM ELL Class		FRC open 9:30-12:30 11am-12pm Conexcion Positivas "My Safety Comes First"
22	23	24	25	26	27	28
		11-12:30PM Mommy & Me	3-4:30PM Live Out Loud (HS) 3-6PM Farmer's Market 5-7PM 24:7 Dads 5-7PM B.E.A.T.S.	9AM-10A:30M Nursing Baby/Toddler Group 10-11:30AM FRF 12:30-2PM Young Adult Affinity 4-7PM Live Out Loud (MS) 4:30-6:30PM ELL Class		
29	30	31				
		11-12:30PM Mommy & Me				

For more information on all of our offerings, please visit:  
<https://18degreesma.org/new-events/>



**B.E.A.T.S.**

**2<sup>nd</sup> & 4<sup>th</sup> Mondays 5PM-7PM**

Bringing Education And Talent to Song learn song writing, to create the beat and to put song to music. For youth ages 11-17. Contact Marisa for more information!

**Mommy & Me Play Group**

**Tuesdays 11AM-12:30PM**

A support/play group for mom's and children ages 0-3yr old. For moms and children to socialize, learn and connect. Contact Maria for more information!

**Live Out Loud MS, HS, and Young Adult Affinity Groups**

These groups offer a safe and supportive space that centers LGBTQIA+ based conversations and activities. MS (Thurs 4-5:30pm, 5:30-7pm Drop-In Dinner) for ages 11-14. HS (Wed 3-4:30pm) for ages 14-18. YAAG (Thurs 12:30-2pm) for ages 18-30. Contact Emma for more information!

**Famer's Market**

**Wednesdays 3-6PM Sept 13<sup>th</sup> – Nov 15<sup>th</sup>**

A program brought to you in collaboration with Berkshire Grown. From fresh produce grown locally to meat, milk and eggs from local farms. For more information, contact Sharon.

**English Language Learning \*Pre-registration Required**

**Thursdays 4:30-6:30pm**

A free 10 week course offered to those who are learning the English language. Contact Sandra or Maria for more information! Contact Maria for more information.

**24:7 Dads**

This is an evidenced based parenting class for fathers. Facilitated by the amazing Frank Busener. Dinner included. Pre-registration is required. Contact Tammy.

**B.E.A.T.S.**

**Wednesdays 5PM-7PM**

Bringing Education And Talent to Song learn song writing, to create the beat and to put song to music. For youth ages 11-17. Contact Marisa for more information!

**Nursing Baby/Toddler Group**

**Thursdays 9AM-10:30AM**

Hosted by Berkshire Nursing Families an informal playgroup for families with feeding children to socialize, get parenting support, breastfeeding advice from other families. Baby scale is available for weight checks. Contact Tammy for more information!

**FRF Families Raising Families**

**1<sup>st</sup> & 3<sup>rd</sup> Thursday 10AM-11:30AM**

A support group dedicated to those caring for children as a grandparent, sibling, aunt, uncle, or any other kinship caregiver, to have a safe, inclusive space to connect, share, and learn from one another. Contact Sharon or Tammy for more information!

**Conexcion Positivas**

**Third Saturdays 10am-12pm**

An informative, fun support group for Spanish speaking members of our community to come together and share their culture. Contact Maria for more information!

**My Safety Comes First**

**Saturday, October 21<sup>st</sup> 11am-12pm**

Presented in collaboration with Berkshire County DA's office and Elizabeth Freeman, for our Spanish speaking community members. A conversation on how to report a crime, your rights and other related topics. Light refreshments and beverage provided along with childcare.

**To better serve you, Child Care is now available for our support groups and classes. When registering please make staff aware of your childcare needs.**

**FRC Open Hours**

Monday 9am-7pm

Tuesday 9am-5pm

Wednesday 9am-7pm

Thursday 9am-7pm

Friday 9am-3pm

1<sup>st</sup> & 3<sup>rd</sup> Saturday 9:30am-12:30pm

**FRC Staff:**

**Program Director:** Sharon Collins Newton [scollinsnewton@18degreesma.org](mailto:scollinsnewton@18degreesma.org) or ext. 265

**Program Manager:** Tammy Martin-Bartlett [tmartinbartlett@18degreesma.org](mailto:tmartinbartlett@18degreesma.org) or ext. 264

**Family Support Worker:** Maria Maisonet [mmaisonet@18degreesma.org](mailto:mmaisonet@18degreesma.org) or ext. 283

**School Liaison:** Marisa Papallo [mpapallo@18degreesma.org](mailto:mpapallo@18degreesma.org) or ext. 266

**LGBTQ+ Services Coordinator:** Emma Lenski [emlenski@18degreesma.org](mailto:emlenski@18degreesma.org) or ext. 241

**Registration is required for all groups, classes, and activities.**

**Call or Email us to gain access to our offerings and for more information!**

**413-448-8281 or [info@18degreesma.org](mailto:info@18degreesma.org)**

**18 Degrees partners with the Berkshire Diaper Project to offer families FREE diapers during regular business hours 9:00am-5:00pm**